# PREPARE FOR A DISASTER

Living in California, you might experience a natural disaster, like wildfire, earthquake, or flood. You are the best person to help yourself and your family prepare for disaster by taking five simple steps.



### **STEP 1: GET ALERTS**

- → Go to www.CalAlerts.org to sign up for disaster alerts
- → Call 2-1-1 from your phone to get more information



#### STEP 2: MAKE A PLAN

- → Make a list of contact information for all the people you might need to reach
- → Share with your family in case you are separated
- → Practice how you would evacuate and where you would meet up in an emergency



## **STEP 3: MAKE A GO-BAG**

- → Make a Go-Bag for when you have to evacuate quickly
- → Include your most important items including documents, medication lists, photos, and money in small bills
- → Don't forget to grab your phone and phone charger



# **STEP 4: MAKE A STAY BOX**

- → Make a stay box for when you cannot leave your home
- → Include basic supplies like food that won't spoil, water, medications, a flashlight, and trash bags
- → Try to store enough to last for three days



### **STEP 5: HELP OTHERS**

→ Be ready to assist those around you who might be less able to help themselves during a disaster

Remember, if an emergency occurs, stay calm and follow the instructions of the police, fire department and local officials. Download the Listos California Disaster Ready Guide at: <a href="www.ListosCalifornia.org">www.ListosCalifornia.org</a>



